

Patient Information and checklist for Eye Surgery

Please follow the instructions below for preparing for eye surgery: Patients who have not taken all the necessary steps may have their surgery cancelled. Unfortunately, the hospital may have to cancel surgeries on short notice depending on how the current pandemic is impacting the health care system.

Your surgery is booked for: (Date) _____ at (Time) _____

Your ophthalmologist's office will confirm the time of surgery. You will be able to pre-register and confirm your personal information online 48-72 hours before your surgery. Online pre-registration is available at www.nygh.on.ca.

Please arrive at the reception of the NYGH Minor Surgical Procedures and Elder Care Centre, Eye Surgery Centre **one hour** before your surgery time (or as directed by your surgeon's office). In order to maintain physical distancing in our waiting areas, you may be asked to wait outside, but nearby if you arrive too early for your surgery. A staff member will contact you on your cell phone when it time to return.

You must bring your health card to your surgery appointment.

While inside the building please follow the safety measures in place to protect you:

- Bring a mask and keep it on at all times.
- Follow physical distancing of 2 meters (6 feet), this includes seating in waiting areas, elevators and line-ups.

INFORMATION ABOUT CAREGIVERS

You must arrange for someone to accompany you home, as you will not be able to drive, take public transportation or Wheel-Trans. Due to limited space and the need to physically distance from others, family members can wait in either the retail area of the building or nearby. A staff member will contact them on their cell phone when it is time to return.

CHECK LIST OF INSTRUCTIONS BEFORE SURGERY

- If your health changes or you develop a cough, cold or fever within a week before your surgery, call your ophthalmologist as soon as possible.
- Self-Isolate from other people for 2-3 days before your surgery and clean your hands frequently.
- Your ophthalmologist's office will call you the day before surgery to pre-screen you.
- Do not eat** (including gum, candy or lozenges) after midnight the night before your surgery. You may brush your teeth.

If these guidelines are not followed, your surgery may be delayed or cancelled for safety reasons.

- Blood pressure and heart medications **should** be taken on the morning of your surgery with a sip of water.
- Follow **all** the eye drop instructions provided by your ophthalmologist.
- Do not wear make-up on the day of your eye surgery.
- Wear comfortable clothing (preferably a shirt that buttons completely down the front).
- Please leave valuables at home. **NYGH is not responsible** personal items e.g. jewelry, money, mobility aids.

** Post-operative instructions will be provided upon discharge

HOW TO FIND US

NYGH Minor Surgical Procedures and Elder Care Centre
 Eye Surgery Centre
 243 Consumers Road, Unit 300
 Office opens at 7 a.m.

Parking is available opposite the
 Centre on William Sylvester Drive
 for \$10/daily maximum.

