

## Adult Eating Disorders Program Virtual Schedule

	<b>Monday</b>	<b>Wednesday</b>	<b>Thursday</b>
			<b>Team Meeting &amp; Individual Progress Meetings</b>
11:45-12:30	<b>Lunch Support</b>	<b>Lunch Support</b>	<b>Lunch Support</b>
12:30-1:00	<b>Check-In</b>	<b>Check-In</b>	<b>Goals, Wins, &amp; Updates</b>
1:00-1:15	<b>Break</b>	<b>Break</b>	<b>Break</b>
1:15-2:30	<b>DBT</b>	<b>CBT</b>	<b>Education Group</b>